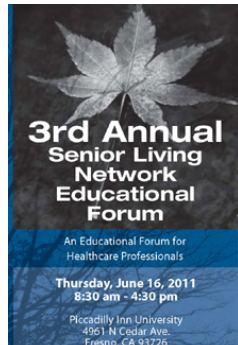


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Senior Living Network Educational Forum June 16.



Senior Living Network, a local NFP organization is hosting it's annual Educational Forum for Healthcare Professionals Thursday, June 16, 2011, 8:30 am-4:30 pm In Fresno. Part of the agenda features a key-note address by **Khuram Khan, MD.** Fellow, Palliative Care Program, UCSF /Community Medical Center on Palliative Care and The Demented Person. CEUs available. For a Flyer on this event, [click here.](#)

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Save the Date—One-day Intensive POLST Conversation Training October in Fresno

On October 5, 2011 your local coalition will host educators from the State Coalition who will present a one-day “POLST-Beginning the Conversation” workshop. This will be an in-depth look at POLST and a chance to develop your skills at having end-of-life conversations with patients. This course will occur at UCSF-Fresno, and will be limited to 30 participants. There will be a nominal fee for this workshop.

Recent Valley Coalition Seminars

The coalition conducted two professional CEU seminars in the last 30 days concerning POLST implementation. On April 27, approximately 50 people attended a one-hour seminar on POLST. On May 19, we conducted a three-hour seminar on skills for having end-of-life care planning discussions with patients and their families. For more information on how you can host a no-charge, CEU seminar in your own facility, email info@valleycoalition.org or contact Jeff Hills at 559-723-9378.

National Hospice and Palliative Care Organization Publication Features Dr. Nisco

Valley Coalition President Dr. Nisco and other prominent co-authors are featured in the May 2011 National Hospice and Palliative Care Organization's member publication “Newline.” The article, entitled “POLST: An Evidence-based Tool for Advance Care Planning,” provides an overview of POLST and the experiences of implementing a POLST program in California [Click here for link to article.](#)

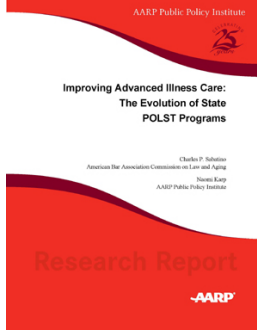


New POLST Form Info

Changes to the California POLST Form were approved by the statewide POLST Task Force and the Emergency Medical Services Authority Commission. The new form went into effect on April 1, 2011. Previous versions of signed POLST forms remain valid. For a summary of the changes to the form, [click here.](#)

To learn more about the changes to the POLST form, join the State Coalition for a webinar on Friday, April 22 from noon-1:00pm. No charge for CCCC members; \$15 for non-members. [Click here to register.](#) A printable version of the new form can be [downloaded here.](#) [Med-Pass](#) sells pads of POLST forms on Ultra Pink Card Stock.

AARP Issues Study on POLST in the U.S.



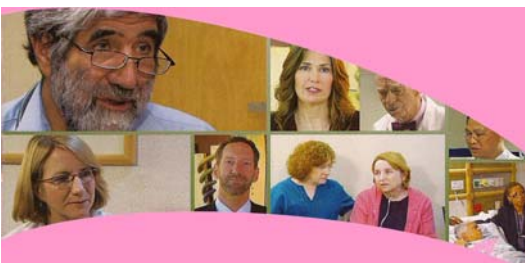
A new study has been issued by the AARP Public Policy Institute. Entitled “Improving Advanced Illness Care: The Evolution of State POLST Programs,” the study looks at the growth of POLST initiatives and finds

“POLST Programs have grown and enriched care for seriously ill individuals.” For a synopsis of the report, [click here.](#) For the complete report, [click here](#)

Valley Coalition Hiring Part-Time Coordinator

The Valley Coalition has an opening for a part-time coordinator as a part of its POLST funding. The position is an independent contractor position funded for eight hours a week at \$20.00 per hour, and involves supporting the expansion of POLST knowledge throughout our service area. [Click here](#) for a position description and further details.

POLST Training Videos for Healthcare Professionals Now on YouTube!



May 26 Update: We have uploaded a PDF to our website of the professional's discussion guide intended to accompany these videos. To access the guide, [click here.](#)

In March the California State Coalition introduced a series of training videos showing real-life medical professionals and patients engaged in POLST conversations. Rather than being ‘scripted’ these conversations are presented to serve as a teaching and discussion tool for medical professionals. The videos are in a series of vignettes, and include chapters on:

- Introducing POLST
- Introducing POLST Over Time
- Decision Making — Resuscitation
- Decision Making – Artificially Administered Nutrition
- Changing Priorities -- Decline in Health
- Changing Priorities Do Not Transfer to Hospital
- Addressing Family Dynamics
- Addressing Needs of Patients with Seriously Ill Children

These videos are available to view for free on the State Coalition's YouTube page: <http://www.youtube.com/user/CoalitionCCC>

Other Helpful Links

Pallimed: A Hospice & Palliative Medicine Blog

Founded June 8, 2005. This blog is a labor of love whose only mission is educational. Its content is strictly the work of its authors and has no affiliation with or support from any organization or institution. All opinions expressed on this blog are solely those of its authors. [Click Here for Link](#)

Patient-Oriented Videos

Patient-oriented advance care planning videos are available on Advance Care Planning Decisions' website. They are a non-profit organization consisting of a group of clinicians and researchers who want to empower patients with video decision aids. This website was recommended to us by the State Coalition. To read more about these patient education tools and preview the videos, [click here.](#)

Redefining Advance Care Planning

The Annals of Medicine last fall published an article entitled “Redefining the ‘Planning’ in Advance Care Planning: Preparing for End-of-Life Decision Making,” by Rebecca L. Sudore, MD; and Terri R. Fried, MD.

The synopsis states “The authors contend that the objective for advance care planning ought to be the preparation of patients and surrogates to participate with clinicians in making the best possible in-the-moment medical decisions. They provide practical steps for clinicians to help patients and surrogate decision makers achieve this objective in the outpatient setting.” [Click here for a like to the article.](#)

Upcoming Local Coalition Meetings

June 16	Coalition Board Meeting, 4:30-5:30PM, Amdal In-Home Care, Inc.
July 21	Coalition General Membership Meeting, 4:30-6:00 Fresno Heart Hospital

Join the Central Valley Coalition!

Next General Coalition Meeting: July 21, 2011, Location to Be Announced.

Host a POLST or Other End-of-Life Topic Speaker at your facility! Speakers are available on a wide variety of topics. With enough notice CEUs can be provided. All these services are free of charge. To book a speaker, contact POLST Committee Chair Jeff Hills at 559-227-1701.

Visit Our website: www.valleycoalition.org.

To remove your name from our mailing list, please [click here.](#)

Questions or comments? E-mail us at info@valleycoalition.org or call 559-723-9378.