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### *April 27 One-Hour POLST CEU Seminar at Kaiser Permanente Hospital Fresno*

On April 27 the Coalition will conduct a one-hour POLST and Advance Directive Continuing Education seminar from 2PM-3PM at Kaiser Permanente Hospital in Fresno. This event is FREE, but limited to the first 60 registrants. Dr. Michael Nisco will cover changes to the POLS T form and enhancing your skills to have end-of-life discussions with patients and families.

To register, simply email your name and phone to [info@valleycoalition.org](mailto:info@valleycoalition.org), or call Jenny Chalifoux at 559-723-9378.

For a Flyer on this event, [click here](#).

### *May 19 Three-Hour POLST/End-of-Life Care Conversations Seminar at Sequoia Regional Cancer Center in Visalia*

On May 19 the Coalition will conduct a Three-Hour POLST and Advance Directive Continuing Education seminar from 11:00AM-2:00PM in Visalia. This event is FREE and lunch is included, but limited to the first 50 registrants. Dr. Michael Nisco will cover changes to the POLS T form and enhancing your skills to have end-of-life discussions with patients and families.

To register, [download registration form](#).

For more info call Jenny Chalifoux at 559-723-9378.

### *Advance Care Planning For People with Developmental Disabilities*

Join the state Coalition for Compassionate Care of California for this exciting new webinar series designed to introduce healthcare professionals to Californians with developmental disabilities and provide the tips and tools necessary to facilitate advance care planning with this special population.. To register for either of the seminars below, [click here](#).

## *New POLST Form Effective April 1, 2011*



Changes to the California POLST Form were approved by the statewide POLST Task Force and the Emergency Medical Services Authority Commission. The new form went into effect on April 1, 2011. Previous versions of signed

POLST forms remain valid. For a summary of the changes to the form, [click here](#).

To learn more about the changes to the POLST form, join the State Coalition for a webinar on Friday, April 22 from noon-1:00pm. No charge for CCCC members; \$15 for non-members. [Click here to register](#).

A printable version of the new form can be [downloaded here](#).

[Med-Pass](#) sells pads of POLST forms on Ultra Pink Card Stock.



### *POLST Training Videos for Healthcare Professionals Now on YouTube!*

In March the California State Coalition introduced a series of training videos showing real-life medical professionals and patients engaged in POLST conversations. Rather than being ‘scripted’ these conversations are presented to serve as a teaching and discussion tool for medical professionals. The videos are in a series of vignettes, and include chapters on:

- Introducing POLST
- Introducing POLST Over Time
- Decision Making — Resuscitation
- Decision Making – Artificially Administered Nutrition
- Changing Priorities -- Decline in Health
- Changing Priorities Do Not Transfer to Hospital
- Addressing Family Dynamics
- Addressing Needs of Patients with Seriously Ill Children

These videos are available to view for free on the State Coalition’s YouTube page:

<http://www.youtube.com/user/CoalitionCCC>

### *Central California Valley Coalition for Compassionate Care Receives POLST Grant*

We are pleased to announce that your local coalition was awarded a two-year grant by the

**Session 2 - Wednesday, April 20th, 12 - 1:30 pm** *Thinking Ahead: Advance Care Planning for People with Developmental Disabilities*

Learn the intricacies of facilitating the advance care planning process for people with developmental disabilities. This webinar provides concrete ways to effectively communicate complex topics and ideas to this population using the Thinking Ahead workbook and DVD.

**Session 3 - Wednesday May 11th, 12 - 1:30 pm** *Thinking Ahead: The Reality of It*

This webinar tackles quality of life issues for the developmentally disabled as it relates to the end of life. What really happens when a person with a developmental disability is hospitalized? This webinar gives you the perspective of people with disabilities and their advocates.

We are pleased to announce that your local coalition was awarded a two-year grant by the California Health Care Foundation for the promotion of POLST in the Central Valley. The grant's purpose is to foster awareness and usage of the POLST form by health care providers, institutions and individuals. The \$40,000 Grant is administered over two years, and will allow us to conduct seminars, provide literature, and much more!

### *Upcoming State Coalition Activities*

**Upcoming State POLST Activities/Events:**

- Wednesday, April 27, 9:00-10:00am – Monthly POLST Trainer Support Webinar
- Thursday, May 5, 7:30-8:30am – Monthly POLST Physician Champions Call
- Tuesday, May 10, 8:00-9:00am – Semi-Monthly POLST Coalition Conference Call
- Friday, May 13, 8:00am-4:30pm – POLST One-Day Workshop in Oakland, CA
- Tuesday, May 17, noon-1:00pm – Semi-Monthly POLST Coalition Conference Call

For More information on these events, contact Erin Henke at the State coalition, Phone: (916) 489-2222

## Join the Central Valley Coalition!

**Next General Coalition Meeting:** May 19, 2011, Location to Be Announced.

**Host a POLST or Other End-of-Life Topic Speaker at your facility!** Speakers are available on a wide variety of topics. With enough notice CEUs can be provided. All these services are free of charge. To book a speaker, contact POLST Committee Chair Jeff Hills at 559-227-1701.

**Visit Our website:** [www.valleycoalition.org](http://www.valleycoalition.org).

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [info@valleycoalition.org](mailto:info@valleycoalition.org) or call Jenny Chalifoux at 559-723-9378